



FINAL EVENT NOTES

YEPERENYE YAW ARC 2007



Directions to the Hash House

From the Alice Springs airport and Stuart Highway South:

Travel North on the Stuart Highway towards Alice Springs and turn right into the Ross Highway before Heavitree Gap. Follow this road for approximately 88 kilometres till the end of the bitumen and then follow the rogaining signs to the Hash House.

From Alice Springs town and Stuart Highway North:

Travel South through Alice Springs on the Stuart Highway through Heavitree Gap and then turn Left into the Ross Highway. Follow as above.

Event Timetable

- Wednesday 25th July - Scatter 'O' event, Civic Centre, Alice Springs – 10 am start
- Thursday 26th July - Bush 'O' event, Old Overland Telegraph Station, just North of Alice Springs – 10 am start.
- Friday 27th July
 1. First bus runs from Alice Springs Airport (approx 2.00 pm) – Councillors bus aprox 1.00 pm.
Further bus run later in the afternoon after the last flight arrivals. Details on page 3.
 2. ARA AGM, 2.00 pm, Ross River Homestead.
 3. On arrival at Ross River Resort, register with and pay camping fees to the Homestead management.
 4. **Rogaine registration 4.00pm – 8.00pm**
 - Finalise monies
 - Clothing and showbag distribution
 - Electronic scoring explanation if necessary
 - Urn, hot water, tea, coffee, Milo, hot chocolate available at the Hash House for those wanting a hot drink on a cold evening
 5. Practice bonfire
- Saturday 28th July –
 1. Early bus run from Alice Springs Airport & Civic Centre (depending on demand).
Please contact Martina Honey re transport times. Contact details on page 3.
 2. 7.30am – 8.30am – Late arrival registration and navlight distribution
 3. 9.00am – Map distribution.
 4. 11.40am – Assemble in briefing area. Hand in route plan.
 5. 11.45 – Drivers and navigators briefing. All team members must attend.
 6. 12.00 noon – Start, 2007 ARC.
 7. 5.00pm – Hash House chow is on.
- Sunday 29th July –
 1. 12.00 noon – Finish, 2007 ARC.
 2. As soon as possible after that, issue of results and presentation.
 3. 2.00pm – chow is off.
 4. Approx 2.00pm, bus run to Alice Springs Airport.
- Monday 30th July –
 1. 6.00 am bus run to Alice Springs Airport (depending on flight departure times).

Admin Enquiries

For all admin enquiries contact Martina Honey at honeyhive@netspace.net.au or ring on (03) 9723 1965 before 9.30 pm (stacking zzz's after that).

Wildlife on the Course

Horses are friendly (over friendly in some cases); camels are docile and appear to be on a permanent valium drip; emus are lunatics and severely in need of medication; snakes are sleeping and won't be seen; dingoes are



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watching and howling from a distance; eagles and kites are magnificent; kangaroos are ratbags; donkeys are bread thieves; rock wallabies are gorgeous, but secretive; cattle are cattle; crows and noisy miners steal anything that isn't bolted down; galahs have social problems and lost rogainers will be plentiful.

Camping

Entrants who have not pre-booked and paid should call in to the office at the homestead on arrival to sort out camping fees. The organisers have arranged for an event rate of \$8.50 per night (normally \$12.00).

Flora

Spinifex There are countless breeds of Spinifex in this country but the type most prevalent on certain sections of the course is of the stiff variety, which has quills that will penetrate one inch thick steel plate without even thinking about it - so – ensure that all footwear has no open weave panels (like all current runners) that will have you stopping and cussing every few metres to remove a myriad of painful needles from your little toe. The setter eventually settled on Hi-Tec Multiterra 11 Lows, which are light and comfortable and put an immediate stop to pain and bad tempers. Good knee high gaiters are also highly recommended for these areas.

Acacia Some of the dry watercourses in gullies and alluvial plains are filled with a scraggy, spiky Acacia species, the sole purpose of which is to retard all forward motion – not good for maintaining an average speed; route choice; go round.

The Map

The map is 1:33000, 10 metre contours, 600 mm X 480 mm, landscape, Magnetic North to the top.

Contours are brown, watercourses blue, dirt tracks black, cliffs black, control circles & numbers purple.

There are some fences on the course, but none are shown on the map.

All minor tracks/track junctions must be considered to be in approximate position only and should not be used for accurate compass bearings.

Due to data available prior to mapping, the terrain shown East of an imaginary line drawn North / South through the Hash House will have more intricate detail than that shown West. This, however, does not affect the ease with which the map is able to be read.

There is no vegetation or vegetation boundaries shown.

There will be separate clue description sheets.

Update 2: 09/07/2007

Due to a last minute printing gliche, the mapping paper is not as thick as it could be so it is highly recommended that everyone seals their map with contact, or uses a good quality map holder. Limited quantities of contact will be available at registration.

Route Plan

All teams must complete and submit an intended route plan. These will be handed out at map distribution and collected on entry to the drivers and navigators briefing area,

Hash House

The Hash house is in a large grassed area with some shady trees, spacious toilets and hot showers, some powered sites and a 12 room bunkhouse. There is a remote pig bar / kitchen where your excellent nosh will be prepared and an under cover area for serving.

Dishwashing facilities will be provided for rogainers.

There will be two marquees with trestles and some chairs for map preparation and course planning. Where possible please bring your own chairs and eating utensils.

The Ross River Homestead / Resort / Bar / Cabins / Swimming pool (brrr, bloody cold) are approximately 350 metres across the river.

No Store at Ross River

Update 1: 19/06/2007

There is no supplies store at Ross River - any supplies, food or otherwise, other than those mentioned under the last item headed 'Ross River Resort', will need to be purchased at Alice Springs before heading out to the event site.

Anyone booked on the bus from the Civic Centre pick up point will need to go shopping before the appointed pick up time.

For those coming from the airport, the bus will wait half an hour at the Civic Centre whilst they do some very quick shopping.

The Yeperenye Shopping Complex is only a few minutes walk from the Civic Centre.

Buses

All entrants and others who have paid for a bus should contact the organisers in plenty of time with their flight arrival times and indicate either airport or Civic Centre as pick up point so we can slot you onto the appropriate bus and we know who we are waiting for.

Contact: Martina Honey honeyhive@netspace.net.au

BUS TIMETABLE to and from ROSS RIVER RESORT (RRR)

NOTE See Item 'No Store at Ross River' above

DATE	TIME	PICK UP	DROP OFF
Fri. 27 th July	1.00 pm ARA councillors	Airport *	RRR
Fri. 27 th July	2.00 pm 2.30 pm	Airport Civic Centre #	RRR
Fri. 27 th July	5.15 pm 5.45 pm	Airport Civic Centre	RRR
Sat. 28 th July	6.00 am	Civic Centre	RRR
Sun. 29 th July	2.00 pm	RRR	Airport
Mon.30 th July	6.00 am	RRR	Airport Civic Centre

* Airport Thrifty Car Park

Alice Springs Town Council Civic Centre Car Park, corner Stott Tce. and Leichhardt Tce.
(enter from Leichhardt Tce. Adjacent to Todd River)

Indemnity Forms

All teams must sign the attached indemnity form and present it to administration at registration before map collection. No form, no map.

Intention Sheets on Check Points

Teams must fill in intention sheets at all controls visited.

GPS

The use of GPS's is strictly a hanging offence and will result in instant disqualification. We don't want to resort to public strip searching but it can be arranged.

Scoring

Traditional scorecards will be used in conjunction with the electronic Navlight system (which provides speedier results).



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Teams will be advised of their Navlight score and will have 30 minutes to dispute any discrepancies. If there are any discrepancies or disputes, the traditional scorecard will be taken as the team's real score. It is expected that teams will use both systems and all place getters' Navlight score will be confirmed against the traditional score card.

Teams returning late will be penalised 10 points per minute or part thereof after 12.00 noon Sunday. Teams returning after 12.30pm will be disqualified.

Post Event Presentation

Trophies with a unique flavour (not Cab Sauv or Merlot) will be presented to 1st outright and all class winners. There will also be a draw for spot prizes donated by local businesses to be named in acknowledgements. The presentation will occur as soon as results are available as some teams will wish to catch the Sunday afternoon flights.

Australian University Rogaining Championships

The Australian University Rogaining Championships will be held in conjunction with the Australian Rogaining Championships this year, with teams of university students competing for the Nigel Aylott memorial trophy. There will also be categories of Intervarsity Mens, Intervarsity Womens and Intervarsity Mixed. If you are entering as an Intervarsity team we will need extra information comprising name of students, educational institution, course, year of study and full part time or mature age. This is to comply with reporting to the Nigel Aylott memorial fund. This information can be handed in when registering, thanks.

Private Properties

NTRA is privileged to have secured the use of the superb terrain on four Centralian cattle stations for this event: Ross River, Undoolya, The Gardens and Loves Creek. The latter is traditional aboriginal country of some significance with rugged, remote beauty, inspiring strong feelings as you walk through this landscape, arguably one of the oldest on the planet – putting it in sync with some of the event officials. Please afford it the respect it commands. All gates must be left as you find them and no improper suggestions are to be made to any camel, regardless of gender.

Control Collection

We already have a few hands up for post event control collection but if anyone wishes to assist in this area and visit those checkpoints they skipped at 4.00am, please notify the organisers at Registration.

Water

The NTRA recommends that each team member carry 3 litres of water. Ample water is also available at the Hash House and at any one of the 7 water drops on the course.

Rules of Rogaining

All team members should familiarise themselves with the Rules of Rogaining, which can be sourced from the ARA website, <http://rogaine.asn.au/>.

Special attention should be paid to:

Rule 10: Members of a team should remain within unaided verbal contact of one another at all times whilst on the course.

Rule 15: All team members should simultaneously approach to within five (5) metres of each checkpoint for which points are claimed.

Rule 24: **The penalty for breaching rules 10 & 15 is disqualification.**

Rule ITIOHF: All team members will retain an agreeable disposition.

Safety Cars

There will be two safety cars which will patrol a route marked on your map and check water drops.



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Restrictions

No smoking or fires permitted on the course. No pets, firearms or negative outlooks allowed (rogaining is fun!)

Astronomical

Sunset:	17.38	Moonrise:	15.48
End of civil twilight:	18.02	Moonset:	05.58
Begin civil twilight:	06.15	99% of moon visible	
Sunrise:	06.39		

Ross River Resort

The Ross River restaurant may not be open prior to and following the event, however they will have BBQ packs (meat packs), snacks, drinks, ice creams etc for sale and there are ample BBQ's available for use. Ring Roman or Linda for further information on 0889569711.

**** STOP PRESS **** **Update 3: 12/07/2007**

Due to increasing demand, the management of Ross River Resort WILL open the restaurant for business on the Friday evening (27 July).

YEPERENYE YAW- HASH HOUSE MEAL PLAN

SATURDAY DINNER: SAT 5pm – SUN 12 MD

4 SOUPS

- Pumpkin V
- Pea and Ham
- Minestrone V
- Vegetable and bacon

4 MAINS

- Vegetable goulash V
- Spaghetti Bog
- Bean and coconut curry V
- Chicken and coconut milk curry

CARBOHYDRATES

- Pasta - 60gm/serve
- Rice – 50gm/serve
- Bread – 40% white, 60% wholemeal

DESSERT

- Cake slices 12 slabs
- fruit salad 20L
- custard 4x 500ml UHT
- cream 4x 600ml

DRINKS

- drinking chocolate
- tea, coffee, milo, cordial, water

BREAKFAST: SUNDAY 5 am - 1030 am

HOT

- cheese toasties
- porridge
- pancakes + syrup + lemon + sugar

CEREAL

- cornflakes
- weetbix
- nutrigrain
- sultanas / mixed fruit

SPREADS – assorted

- TEA, COFFEE, MILO, JUICE

BBQ LUNCH: SUN 11am – 1pm

MEAT

- Marinated chicken thighs
- Sausages
- Hamburgers
- V Vegetarian burgers
- Fried onions

DESSERT

- cake, fruit cake 20 slabs
- fruit salad (9 SARA) 40L
- fresh cream 6x 600ml
- custard 6x 500ml UHT

BREAD

SALADS

- potato salad
- green salad
- beetroot
- cheese slices
- coleslaw

DRINKS